

Pan London Practice Assessment Document Project

Mapping of *Future nurse: Standards of proficiency for registered nurses* (NMC, 2018)
as identified in the:

Pan London Practice Assessment Document

Ongoing Record of Achievement

BSc Nursing Degree, PG Dip Nursing, MSc Nursing



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Abbreviations used in Mapping Document
P = Part
EoC = Episode of Care
MM = Medicines Management

Key for NMC Standards of Proficiency including Annexes A & B coding used in mapping

NMC Standards of Proficiency (2018)		Key	
Platform 1	Being an accountable professional	1BAP	1.1 - 1.20
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Parts 1 – 3

Mapping to NMC Future nurse: Standards of Proficiency and Annexes A&B

Platform 1. Being an accountable professional				
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management
At the point of registration, the registered nurse will be able to:				
1.1	understand and act in accordance with The Code (2018): <i>Professional standards of practice and behaviour for nurses and midwives</i> and fulfil all registration requirements.		P1 1 P2 1 P3 1	P1 EoC 1 P1 MM1 P2 MM2 P3 EoC 1 P3 EoC 2
1.2	understand and apply relevant legal, regulatory and governance requirements, policies and ethical frameworks, including any mandatory reporting duties, to all areas of practice, differentiating where appropriate between the devolved legislatures of the United Kingdom		Underpins all Professional Values across all Parts	P1 EoC1 P3 EoC 2
1.3	understand and apply the principles of courage, transparency and the duty of candour, recognising and reporting any situations, behaviours or errors that could result in poor care outcomes		P1 9, 10 P2 10, 11 P3 10, 11	
1.4	demonstrate an understanding of and the ability to challenge discriminatory behaviour		P3 3	
1.5	understand the demands of professional practice and demonstrate how to recognise signs of vulnerability in themselves or their colleagues and the action required to minimise risks to health		P1 5 P2 5 P3 5	
1.6	understand the professional responsibility to adopt a healthy lifestyle to maintain the level of personal fitness and wellbeing required to meet people's needs for mental and physical care		P1 5 P2 5 P3 5	
1.7	demonstrate an understanding of research methods, ethics and governance in order to critically analyse, safely use, share and apply research findings to promote and inform best nursing practice		P1 8 P2 8 P3 8	

Platform 1. Being an accountable professional					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
1.8	demonstrate the knowledge, skills and ability to think critically when applying evidence and drawing on experience to make evidence informed decisions in all situations		P1 8, 12 P2 8, 13 P3 8, 13		
1.9	understand the need to base all decisions regarding care and interventions on people's needs and preferences, recognising and addressing any personal and external factors that may unduly influence your decisions	P1 4 P2 2			
1.10	demonstrate resilience and emotional intelligence and be capable of explaining the rationale that influences your judgments and decisions in routine, complex and challenging situations		P1 15 P2 16 P3 16		
1.11	communicate effectively using a range of skills and strategies with colleagues and people at all stages of life and with a range of mental, physical, cognitive and behavioural health challenges		P1 11 P2 12 P3 12	P1 EoC P2 EoC1	
1.12	demonstrate the skills and abilities required to support people at all stages of life who are emotionally or physically vulnerable	P1 7 P2 32 P3 2, 4			
1.13	demonstrate the skills and abilities required to develop, manage and maintain appropriate relationships with people, their families, carers and colleagues		P1 7 P2 7 P3 7		

Platform 1. Be an accountable professional					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
1.14	provide and promote non-discriminatory, person-centred and sensitive care at all times, reflecting on people's values and beliefs, diverse backgrounds, cultural characteristics, language requirements, needs and preferences, taking account of any need for adjustments		P1 2, 4 P2 2, 4 P3 2, 4		
1.15	demonstrate the numeracy, literacy, digital and technological skills required to meet the needs of people in their care to ensure safe and effective nursing practice			P1 MM P2 MM P3 MM	
1.16	demonstrate the ability to keep complete, clear, accurate and timely records	P1 3			
1.17	take responsibility for continuous self-reflection, seeking and responding to support and feedback to develop their professional knowledge and skills		P1 8, 12 P2 8, 13 P3 8, 13		
1.18	demonstrate the knowledge and confidence to contribute effectively and proactively in an interdisciplinary team		P1 7 P1 7 P1 7		
1.19	act as an ambassador, upholding the reputation of your profession and promoting public confidence in nursing, health and care services, and		P1 13, 14 P2 14, 15 P3 14, 15, 17		
1.20	safely demonstrate evidence based practice in all skills and procedures stated in Annexes A and B.	Underpins all Proficiencies across all Parts	Underpins all Professional Values across all Parts	Underpins all Episodes of Care and Medicines Management across all Parts	

Platform 2. Promoting health and preventing ill health					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
2.1	understand and apply the aims and principles of health promotion, protection and improvement and the prevention of ill health when engaging with people			P1 EoC P2 EoC1, P2 EoC2	
2.2	demonstrate knowledge of epidemiology, demography, genomics and the wider determinants of health, illness and wellbeing and apply this to an understanding of global patterns of health and wellbeing outcomes				✓
2.3	understand the factors that may lead to inequalities in health outcomes				✓
2.4	identify and use all appropriate opportunities, making reasonable adjustments when required, to discuss the impact of smoking, substance and alcohol use, sexual behaviours, diet and exercise on mental, physical and behavioural health and wellbeing, in the context of people's individual circumstances			P1 EoC P2 EoC1, P2 EoC2	
2.5	promote and improve mental, physical, behavioural and other health related outcomes by understanding and explaining the principles, practice and evidence base for health screening programmes				✓
2.6	understand the importance of early years and childhood experiences and the possible impact on life choices, mental, physical and behavioural health and wellbeing			P2 EoC1, P2 EoC2	

Platform 2. Promoting health and preventing ill health					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
2.7	understand and explain the contribution of social influences, health literacy, individual circumstances, behaviours and lifestyle choices to mental, physical and behavioural health outcomes			P2 EoC1, P2 EoC2	
2.8	explain and demonstrate the use of up to date approaches to behaviour change to enable people to use their strengths and expertise and make informed choices when managing their own health and making lifestyle adjustments	P2 1, 13, 16			
2.9	use appropriate communication skills and strength based approaches to support and enable people to make informed choices about their care to manage health challenges in order to have satisfying and fulfilling lives within the limitations caused by reduced capability, ill health and disability	P1 1 P2 1, 2, 6			
2.10	provide information in accessible ways to help people understand and make decisions about their health, life choices, illness and care	P2 1			
2.11	promote health and prevent ill health by understanding and explaining to people the principles of pathogenesis, immunology and the evidence base for immunisation, vaccination and herd immunity, and	P3 17			✓
2.12	protect health through understanding and applying the principles of infection prevention and control, including communicable disease surveillance and antimicrobial stewardship and resistance.	Applied and mapped; refer to B9.1 – B9.9 P3 17			✓

Platform 3. Assessing needs and planning care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
3.1	demonstrate and apply knowledge of human development from conception to death when undertaking full and accurate person-centred nursing assessments and developing appropriate care plans	P1 2		P2 EoC2	
3.2	demonstrate and apply knowledge of body systems and homeostasis, human anatomy and physiology, biology, genomics, pharmacology, social and behavioural sciences when undertaking full and accurate person centred nursing assessments and developing appropriate care plans	P1 3 P3 1		P2 EoC1, P2 EoC2	
3.3	demonstrate and apply knowledge of all commonly encountered mental, physical, behavioural and cognitive health conditions, medication usage and treatments when undertaking full and accurate assessments of nursing care needs and when developing, prioritising and reviewing person-centred care plans	P1 1 P3 1		P2 EoC1, P2 EoC2	
3.4	understand and apply a person-centred approach to nursing care, demonstrating shared assessment, planning, decision making and goal setting when working with people, their families, communities and populations of all ages	P1 4 P2 2		P1 EoC P3 EoC2	

Platform 3. Assessing needs and planning care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
3.5	demonstrate the ability to accurately process all information gathered during the assessment process to identify needs for individualised nursing care and develop person-centred evidence based plans for nursing interventions with agreed goals	P1 3		P1 EoC1 P2 EoC2 P3 EoC1 P3 EoC2	
3.6	effectively assess a person's capacity to make decisions about their own care and to give or withhold consent	P2 2 P3 2	P1 3 P2 3 P3 3		
3.7	understand and apply the principles and processes for making reasonable adjustments	P3 2			
3.8	understand and apply the relevant laws about mental capacity for the country in which you are practising when making decisions in relation to people who do not have capacity	P2 2 P3 2			
3.9	recognise and assess people at risk of harm and the situations that may put them at risk, ensuring prompt action is taken to safeguard those who are vulnerable	P2 3 P3 4	P1 10 P2 11 P3 1, 11	P1 EoC	
3.10	demonstrate the skills and abilities required to recognise and assess people who show signs of self-harm and/or suicidal ideation	P2 3			
3.11	undertake routine investigations, interpreting and sharing findings as appropriate	P1 21, 22, 23 P2 23, 24		P2 EoC2	
3.12	interpret results from routine investigations, taking prompt action when required by implementing appropriate interventions, requesting additional investigations or escalating to others	P1 21, 22, 23 P2 23, 24		P3 EoC2	

Platform 3. Assessing needs and planning care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
3.13	demonstrate an understanding of co-morbidities and the demands of meeting people's complex nursing and social care needs when prioritising care plans	P1 27		P2 EoC 2 P3 EoC 2	
3.14	identify and assess the needs of people and families for care at the end of life, including requirements for palliative care and decision making related to their treatment and care preferences	P2 4 P3 29			
3.15	demonstrate the ability to work in partnership with people, families and carers to continuously monitor, evaluate and reassess the effectiveness of all agreed nursing care plans and care, sharing decision making and readjusting agreed goals, documenting progress and decisions made, and	P1 4, 26, 28 P2 6		P1 EoC	
3.16	demonstrate knowledge of when and how to refer people safely to other professionals or services for clinical intervention or support.	P3 3			

Platform 4. Providing and evaluating care (Parts 1- 3 Professional Value 6 mapped across Platform 4: 4.1 – 4.18)					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
4.1	demonstrate and apply an understanding of what is important to people and how to use this knowledge to ensure their needs for safety, dignity, privacy, comfort and sleep can be met, acting as a role model for others in providing evidence based person-centred care	P1 8,9	P1 3 P2 3 P3 3	P3 EoC1	
4.2	work in partnership with people to encourage shared decision-making, in order to support individuals, their families and carers to manage their own care when appropriate	P1 28 P2 2, 6 P3 5			
4.3	demonstrate the knowledge, communication and relationship management skills required to provide people, families and carers with accurate information that meets their needs before, during and after a range of interventions	P2 5 P3 5		P1 EoC1 P2 EoC2 P3 EoC1	
4.4	demonstrate the knowledge and skills required to support people with commonly encountered mental health, behavioural, cognitive and learning challenges and act as role model for others in providing high quality nursing interventions to meet people's needs	P1 5 P2 8 P3 7	P3 4	P2 EoC1 P2EoC2 P3 EoC2	
4.5	demonstrate the knowledge and skills required to support people with commonly encountered physical health conditions, their medication usage and treatments and act as role model for others in providing high quality nursing interventions when meeting people's needs	P2 8 P3 7		P2 EoC1 P2 EoC2	

Platform 4. Providing and evaluating care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
4.6	demonstrate the knowledge, skills and ability to act as a role model for others in providing evidence based nursing care to meet people's needs related to nutrition, hydration and bladder and bowel health	P1 12, 13, 14 P3 11, 15			
4.7	demonstrate the knowledge, skills and ability to act as a role model for others in providing evidence based, person-centred nursing care to meet people's needs related to mobility, hygiene, oral care, wound care and skin integrity	P1 10, 16 P2 9		P1 EoC	
4.8	demonstrate the knowledge and skills required to identify and initiate appropriate interventions to support people with commonly encountered symptoms including anxiety, confusion, discomfort and pain	P1 6, 7 P3 7			
4.9	demonstrate the knowledge and skills required to prioritise what is important to people and their families when providing evidence based person-centred nursing care at end of life including the care of people who are dying, families, the deceased and bereaved	P2 4 P3 29			
4.10	demonstrate the knowledge and ability to respond proactively and promptly to signs of deterioration or distress in mental, physical, cognitive and behavioural health and use this knowledge to make sound clinical decisions	P3 4, 6	P3 16	P2 EoC2	

Platform 4. Providing and evaluating care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
4.11	demonstrate the knowledge and skills required to initiate and evaluate appropriate interventions to support people who show signs of self-harm and/or suicidal ideation	P2 3			
4.12	demonstrate the ability to manage commonly encountered devices and confidently carry out related nursing procedures to meet people's needs for evidence based, person-centred care	P2 23, 24, 27 P3 25			
4.13	demonstrate the knowledge, skills and confidence to provide first aid procedures and basic life support				✓
4.14	understand the principles of safe and effective administration and optimisation of medicines in accordance with local and national policies and demonstrate proficiency and accuracy when calculating dosages of prescribed medicines			P1 MM P2 MM P3 MM	
4.15	demonstrate knowledge of pharmacology and the ability to recognise the effects of medicines, allergies, drug sensitivities, side effects, contraindications, incompatibilities, adverse reactions, prescribing errors and the impact of polypharmacy and over the counter medication usage			P3 EoC1 P1 MM P2 MM P3 MM	
4.16	demonstrate knowledge of how prescriptions can be generated, the role of generic, unlicensed, and off-label prescribing and an understanding of the potential risks associated with these approaches to prescribing				✓

Platform 4. Providing and evaluating care				
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management
At the point of registration, the registered nurse will be able to:				
4.17	apply knowledge of pharmacology to the care of people, demonstrating the ability to progress to a prescribing qualification following registration, and			P3 MM
4.18	demonstrate the ability to co-ordinate and undertake the processes and procedures involved in routine planning and management of safe discharge home or transfer of people between care settings.	P2 31		

Platform 5. Leading and managing nursing care and working in teams					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
5.1	understand the principles of effective leadership, management, group and organisational dynamics and culture and apply these to team working and decision making	P3 18, 19	P2 7 P3 9		
5.2	understand and apply the principles of human factors, environmental factors and strength based approaches when working in teams	P3 19			
5.3	understand the principles and application of processes for performance management and how these apply to the nursing team	P3 20		P1 EoC P3 EoC1	
5.4	demonstrate an understanding of the roles, responsibilities and scope of practice of all members of the nursing and interdisciplinary team and how to make best use of the contributions of others involved in providing care	P3 11, 18	P1 7 P2 7 P3 7	P1 EoC P2 EoC1, P2 EoC2 P3 EoC1, P3 EoC2	
5.5	safely and effectively lead and manage the nursing care of a group of people demonstrating appropriate prioritisation, delegation and assignment of care responsibilities to others involved in providing care	P3 19		P2 EoC1, P2 EoC2 P3 EoC1, P3 EoC2	
5.6	exhibit leadership potential by demonstrating an ability to guide, support and motivate individuals and interact confidently with other members of the care team		P2 9 P3 9	P3 EoC1, P3 EoC2	
5.7	demonstrate the ability to monitor and evaluate the quality of care delivered by others in the team and lay carers.	P3 20		P3 EoC1, P3 EoC2	

Platform 5. Leading and managing nursing care and working in teams					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
5.8	support and supervise students in the delivery of nursing care, promoting reflection and providing constructive feedback, and evaluating and documenting their performance			P3 EoC1	
5.9	demonstrate the ability to challenge and provide constructive feedback about care delivered by others in the team, and support them to identify and agree individual learning needs			P3 EoC1	
5.10	contribute to supervision and team reflection activities to promote improvements in practice and services	P3 20		P3 EoC1, P3 EoC2	
5.11	effectively and responsibly use a range of digital technologies to access, input, share and apply information and data within teams and between agencies, and	P2 7 P3 5			
5.12	understand the mechanisms that can be used to influence organisational change and public policy, demonstrating the development of political awareness and skills				✓

Platform 6. Improving safety and quality of care						
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management		AEI
At the point of registration, the registered nurse will be able to:						
6.1	understand and apply the principles of health and safety legislation and regulations and maintain safe work and care environments	P1 25 P3 22		P1 EoC1 P2 EoC1	P1MM P2MM P3MM	
6.2	understand the relationship between safe staffing levels, appropriate skills mix, safety and quality of care, recognising risks to public protection and quality of care, escalating concerns appropriately	P2 22, 23 P3 22, 23		P3 EoC1		
6.3	comply with local and national frameworks, legislation and regulations for assessing, managing and reporting risks, ensuring the appropriate action is taken	P3 22				
6.4	demonstrate an understanding of the principles of improvement methodologies, participate in all stages of audit activity and identify appropriate quality improvement strategies	P2 22 P3 21		P2 EoC2 P3 EoC2		
6.5	demonstrate the ability to accurately undertake risk assessments in a range of care settings using a range of contemporary assessment and improvement tools	P1 25 P3 22		P1 EoC1 P2 EoC1, P2 EoC2 P3 EoC1, P3 EoC2		
6.6	identify the need to make improvements and proactively respond to potential hazards that may affect the safety of people	P1 25		P2 EoC1, P2 EoC2 P3 EoC1, P3 EoC2		
6.7	understand how the quality and effectiveness of nursing care can be evaluated in practice and demonstrate how to use service delivery evaluation and audit findings to bring about continuous improvement	P3 21		P2 EoC1 P3 EoC1, P3 EoC2		

Platform 6. Improving safety and quality of care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
6.8	demonstrate an understanding of how to identify, report and critically reflect on near misses, critical incidents, major incidents and serious adverse events in order to learn from them and influence their future practice	P3 24			
6.9	work with people, their families, carers and colleagues, to develop effective improvement strategies for quality and safety, sharing feedback and learning from positive outcomes and experiences, mistakes and adverse outcomes and experiences	P3 22, 24		P3 EoC2	
6.10	apply an understanding of the differences between risk aversion and risk management and how to avoid compromising quality of care and health outcomes	P2 29		P1 EoC	
6.11	acknowledge the need to accept and manage uncertainty, and demonstrate an understanding of strategies that develop resilience in self and others, and	P2 30			
6.12	understand the role of registered nurses and other health and care professionals at different levels of experience and seniority when managing and prioritising actions and care in the event of a major incident.	P3 24			

Platform 7. Coordinating care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
7.1	understand and apply the principles of partnership, collaboration and interagency working across all relevant sectors	P1 25 P3 25			
7.2	understand health legislation and current health and social care policies, and the mechanisms involved in influencing policy development and change, differentiating where appropriate between the devolved legislatures of the United Kingdom	P3 25			
7.3	understand the principles of health economics and their relevance to resource allocation in health and social care organisations and other agencies				✓
7.4	identify the implications of current health policy and future policy changes for nursing and other professions and understand the impact of policy changes on the delivery and coordination of care	P3 28			
7.5	understand and recognise the need to respond to the challenges of providing safe, effective and person-centred nursing care for people who have co-morbidities and complex care needs	P3 25		P2 EoC1, P2 EoC2	
7.6	demonstrate an understanding of the complexities of providing mental, cognitive, behavioural and physical care services across a wide range of integrated care settings	P3 25			

Platform 7. Coordinating care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to:					
7.7	understand how to monitor and evaluate the quality of people's experience of complex care	P3 26		P3 EoC 1, P3 EoC2	
7.8	understand the principles and processes involved in supporting people and families with a range of care needs to maintain optimal independence and avoid unnecessary interventions and disruptions to their lives	P1 28 P3 26		P3 EoC2	
7.9	facilitate equitable access to healthcare for people who are vulnerable or have a disability and demonstrate the ability to advocate on their behalf when required and make necessary reasonable adjustments to the assessment, planning and delivery of their care.	P2 32 P3 28			
7.10	understand the principles and processes involved in planning and facilitating the safe discharge and transition of people between caseloads, settings and services	P2 31 P3 28			
7.11	demonstrate the ability to identify and manage risks and take proactive measures to improve the quality of care and services when needed	P3 17		P3 EoC2	
7.12	demonstrate an understanding of the processes involved in developing a basic business case for additional care funding, by applying knowledge of finance, resources and safe staffing levels, and				✓
7.13	demonstrate an understanding of the importance of exercising political awareness throughout their career, to maximise the influence and effect of registered nursing on quality of care, patient safety and cost effectiveness.				✓

Annexe A: Communication and relationship management skills

A.1 Underpinning communication skills for assessing, planning, providing and managing best practice, evidence based nursing care.					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following skills:					
A1.1	actively listen, recognise and respond to verbal and non-verbal cues.	P3 8	P1 11 P2 12 P3 12	P1 EoC1	
A1.2	use prompts and positive verbal and non-verbal reinforcement.	P2 5		P1 EoC1	
A1.3	use appropriate non-verbal communication including touch, eye contact and personal space.	P1 6		P1 EoC1	
A1.4	make appropriate use of open and closed questioning.	P1 6		P1 EoC1	
A1.5	use caring conversation techniques.	P1 6		P1 EoC1	
A1.6	check understanding and use clarification techniques.	P3 8	P1 11 P2 9,12 P3 10, 12	P1 EoC1	
A1.7	be aware of own unconscious bias in communication encounters.	P2 7			
A1.8	write accurate, clear, legible records and documentation.	P1 3, 29 P2 7 P3 5		P1 EoC P2 EoC1, P2 EoC2 P3 EoC1, P3 EoC2	
A1.9	confidently and clearly share and present verbal and written reports with individuals and groups.	P1 29 P3 19		P3 EoC1, EoC2	
A1.10	analyse and clearly record and share digital information and data.	P2 7 P3 5		P3 EoC2	

A.1 Underpinning communication skills for assessing, planning, providing and managing best practice, evidence based nursing care.				
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management
At the point of registration, the registered nurse will be able to safely demonstrate the following skills:				
A1.11	provide clear verbal, digital or written information and instructions when delegating or handing over responsibility for care.	P1 29 P3 19		P3 EoC2
A1.12	recognise the need for and facilitate access to translator services and material	P2 5		

A.2 Evidence based, best practice approaches to communication for supporting people of all ages, their families and carers in preventing ill health and in managing their care.				
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management
At the point of registration, the registered nurse will be able to safely demonstrate the following skills:				
A2.1	share information and check understanding about the causes and implications and treatment of a range of common health conditions including anxiety, depression, memory loss, diabetes, dementia, respiratory disease, cardiac disease, neurological disease, cancer, skin problems, immune deficiencies, psychosis, stroke and arthritis.	P2 22		P2 EoC1, P2 EoC2
A2.2	use clear language and appropriate written materials, making reasonable adjustments where appropriate in order to optimise people's understanding of what has caused their health condition and the implications of their care and treatment			P2 EoC2
A2.3	recognise and accommodate sensory impairments during all communications	A2.3 – A2.8	Principles taught in AEI; applied in practice	
A2.4	support and manage the use of personal communication aids			P1 EoC1

A.2 Evidence based, best practice approaches to communication for supporting people of all ages, their families and carers in preventing ill health and in managing their care.					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following skills:					
A2.5	identify the need for and manage a range of alternative communication techniques	P1 6, 29			
A2.6	use repetition and positive reinforcement strategies	P2 5 P3 8			✓
A2.7	assess motivation and capacity for behaviour change and clearly explain cause and effect relationships related to common health risk behaviours including smoking, obesity, sexual practice, alcohol and substance use	P2 1			✓
A2.8	provide information and explanation to people, families and carers and respond to questions about their treatment and care and possible ways of preventing ill health to enhance understanding.	P2 22			✓
A2.9	engage in difficult conversations, including breaking bad news and support people who are feeling emotionally or physically vulnerable or in distress, conveying compassion and sensitivity.	P3 27			

A.3 Evidence based, best practice communication skills and approaches for providing therapeutic interventions.					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following skills:					
A3.1	motivational interview techniques	A3.1 – 3.9 Principles taught in AEI; applied in practice		P2 EoC 1	✓
A3.2	solution focused therapies	P2 30			✓
A3.3	reminiscence therapies				✓
A3.4	talking therapies	P2 30 P2 3			✓
A3.5	de-escalation strategies and techniques				✓
A3.6	cognitive behavioural therapy techniques	P2 1, 2, 5, 30 P3 3, 4, 8			✓
A3.7	play therapy	P2 1 P3 3, 6			✓
A3.8	distraction and diversion strategies	P3 4, 8		P2 EoC 1	✓
A3.9	positive behaviour support approaches	P2 6 P3 4, 8			✓

A.4 Evidence based, best practice communication skills and approaches for working with people in professional teams.					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following skills:					
A4.1 Demonstrate effective supervision, teaching and performance appraisal through the use of:					
A4.1.1	clear instructions and explanations when supervising, teaching or appraising others			P3 EoC 1	
A4.1.2	clear instructions and check understanding when delegating care responsibilities to others			P3 EoC 1	
A4.1.3	unambiguous, constructive feedback about strengths and weaknesses and potential for improvement			P3 EoC 1	
A4.1.4	encouragement to colleagues that helps them to reflect on their practice			P3 EoC 1	
A4.1.5	unambiguous records of performance			P3 EoC 1	
A4.2 Demonstrate effective person and team management through the use of:					
A4.2.1	strengths based approaches to developing teams and managing change	P2 33		P3 EoC 2	
A4.2.2	active listening when dealing with team members' concerns and anxieties	P2 33 P3 20			
A4.2.3	a calm presence when dealing with conflict	P2 33			

A.4 Evidence based, best practice communication skills and approaches for working with people in professional teams.				
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management
At the point of registration, the registered nurse will be able to safely demonstrate the following skills:				
A4.2.4	appropriate and effective confrontation strategies	P2 33		
A4.2.5	de-escalation strategies and techniques when dealing with conflict	P2 33		
A4.2.6 Effective co-ordination and navigation skills through:				
A42.6.1	appropriate negotiation strategies	P2 6		
A42.6.2	appropriate escalation procedures	P3 23		
A42.6.3	appropriate approaches to advocacy		P1 3 P2 3 P3 3	

Annexe B: Nursing Procedures

Part I. Procedures for assessing people's needs for person-centred care.					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures:					
B1 Use evidence based, best practice approaches to take a history, observe, recognise and accurately assess people of all ages					
B1.1 Mental health and wellbeing status					
B1.1.1	signs of mental and emotional distress or vulnerability	P1,5,6,7 P3 4, 7, 9		P2 EofC 1, P2 EoC2	
B1.1.2	cognitive health status and wellbeing	P1 5,7 P3 4		P2 EofC 1, P2 EoC2	
B1.1.3	signs of cognitive distress and impairment	P1 7 P3 4		P2 EofC 1, P2 EoC2	
B1.1.4	behavioural distress based needs	P1 7 P3 4		P2 EofC 1, P2 EoC2	
B1.1.5	signs of mental and emotional distress including agitation, aggression and challenging behaviour	P1 7 P3 4		P2 EofC 1, P2 EoC2	
B1.1.6	signs of self-harm and/or suicidal ideation	P2 3			
B1.2.1	symptoms and signs of physical ill health	P1 7 P2 8 P3 7		P2 EofC 1, P2 EoC2	
B1.2.2	symptoms and signs of physical distress	P1 7 P2 8 P3 7		P2 EofC 1, P2 EoC2	
B1.2.3	symptoms and signs of deterioration and sepsis	P2 28			

Part I. Procedures for assessing people's needs for person-centred care.				
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures:				
B2	Use evidence based, best practice approaches to undertake the following procedures			
B2.1	take, record and interpret vital signs manually and via technological devices	P1 21		
B2.2	undertake venepuncture and cannulation and blood sampling, interpreting normal and common abnormal blood profiles and venous blood gases	P2 25, 26		
B2.3	set up and manage routine electrocardiogram (ECG) investigations and interpret normal and commonly encountered abnormal traces	P2 24		
B2.4	manage and monitor blood component transfusions	P2 27		
B2.5	manage and interpret, cardiac monitors, infusion pumps, blood glucose monitors and other monitoring devices	P2 23		
B2.6	accurately measure weight, and height, calculate body mass index and recognise healthy ranges and clinically significant low/high readings	P2 22, 25		
B2.7	undertake a whole body systems assessment including respiratory, circulatory, neurological, musculoskeletal, cardiovascular and skin status			P2 EoC1
B2.8	undertake chest auscultation and interpret findings	P2 19		
B2.9	collect and observe sputum, urine, stool and vomit specimens, undertaking routine analysis and interpreting findings	P1 23		

Part I. Procedures for assessing people's needs for person-centred care.					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures:					
B2	Use evidence based, best practice approaches to undertake the following procedures				
B2.10	measure and interpret blood glucose levels	P2 23			
B2.11	recognise and respond to signs of all forms of abuse		P1 10 P2 11 P3 11		
B2.12	undertake, respond to and interpret neurological observations and assessments	P2 15			
B2.13	identify and respond to signs of deterioration and sepsis	P2 28			
B2.14	administer basic mental health first aid				✓
B2.15	administer basic physical first aid				✓
B2.16	recognise and manage seizures, choking and anaphylaxis, providing basic life support	P2 15		MM 3 (adverse reactions)	✓ BLS
B2.17	recognise and respond to challenging behaviour, providing appropriate safe holding and restraint	P3 4			

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures: B3 Use evidence based, best practice approaches for meeting needs for care and support with rest, sleep, comfort and the maintenance of dignity, accurately assessing the person's capacity for independence and self-care and initiating appropriate interventions					
B3.1	observe and assess comfort and pain levels and rest and sleep patterns	P1 8			
B3.2	use appropriate bed-making techniques including those required for people who are unconscious or who have limited mobility	P1 11			
B3.3	use appropriate positioning and pressure relieving techniques	P2 16			
B3.4	take appropriate action to ensure privacy and dignity at all times		P1 3 P2 3 P3 3	P1 EoC1	
B3.5	Take appropriate action to reduce or minimise pain or discomfort	P1 6		P1 EoC1 P2 EoC2	
B3.6	take appropriate action to reduce fatigue, minimise insomnia and support improved rest and sleep hygiene	P1 9			

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures:					
B4	Use evidence based, best practice approaches for meeting the needs for care and support with hygiene and the maintenance of skin integrity, accurately assessing the person's capacity for independence and self-care and initiating appropriate interventions				
B4.1	observe, assess and optimise skin and hygiene status and determine the need for support and intervention	P1 10 P2 9 P3 10		P1 EoC1	
B4.2	use contemporary approaches to the assessment of skin integrity and use appropriate products to prevent or manage skin breakdown	P2 9, 31			
B4.3	assess needs for and provide appropriate assistance with washing, bathing, shaving and dressing	P1 11 P3 10		P1 EoC1	
B4.4	identify and manage skin irritations and rashes	P2 9			
B4.5	assess needs for and provide appropriate oral, dental, eye and nail care and decide when an onward referral is needed	P3 10			
B4.6	use aseptic techniques when undertaking wound care including dressings, pressure bandaging, suture removal, and vacuum closures	P2 10 P3 10			
B4.7	use aseptic techniques when managing wound and drainage processes	P2 10 P3 10			
B4.8	assess, respond and effectively manage pyrexia and hypothermia	P1 21			

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
B5	At the point of registration, the registered nurse will be able to safely demonstrate the following procedures: Use evidence based, best practice approaches for meeting needs for care and support with nutrition and hydration, accurately assessing the person's capacity for independence and self-care and initiating appropriate interventions				
B5.1	observe, assess and optimise nutrition and hydration status and determine the need for intervention and support	P2 11 P3 11			
B5.2	use contemporary nutritional assessment tools	P2 11 P3 11			
B5.3	assist with feeding and drinking and use appropriate feeding and drinking aids	P1 12			
B5.4	record fluid intake and output and identify, respond to and manage dehydration or fluid retention	P1 13 P3 12			
B5.5	identify, respond to and manage nausea and vomiting	P1 7			
B5.6	insert, manage and remove oral/nasal/gastric tubes	P2 12			
B5.7	manage artificial nutrition and hydration using oral, enteral and parenteral routes	P2 12			
B5.8	manage the administration of IV fluids	P3 12			
B5.9	manage fluid and nutritional infusion pumps and devices	P3 13			

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures: B6 Use evidence based, best practice approaches for meeting needs for care and support with bladder and bowel health, accurately assessing the person's capacity for independence and self-care and initiating appropriate interventions					
B6.1	observe and assess level of urinary and bowel continence to determine the need for support and intervention assisting with toileting, maintaining dignity and privacy and managing the use of appropriate aids	P1 14 P2 13			
B6.2	select and use appropriate continence products; insert, manage and remove catheters for all genders; and assist with self-catheterisation when required	P1 15 P2 13,14			
B6.3	manage bladder drainage	P2 14			
B6.4	assess bladder and bowel patterns to identify and respond to constipation, diarrhoea and urinary and faecal retention	P2 15 P3 15			
B6.5	administer enemas and suppositories and undertake rectal examination and manual evacuation when appropriate	P3 16			
B6.6	undertake stoma care identifying and using appropriate products and approaches	P2 15 P3 15			

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures: B7 Use evidence based, best practice approaches for meeting needs for care and support with mobility and safety, accurately assessing the person's capacity for independence and self-care and initiating appropriate interventions					
B7.1	observe and use evidence based risk assessment tools to determine need for support and intervention to optimise mobility and safety, and to identify and manage risk of falls using best practice risk assessment approaches	P1 16, 24 P2 16, 17		P1 EoC	
B7.2	use a range of contemporary moving and handling techniques and mobility aids	P1 17 P2 17			
B7.3	use appropriate moving and handling equipment to support people with impaired mobility	P1 17 P2 17			
B7.4	use appropriate safety techniques and devices	P2 18			

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures: B8 Use evidence based, best practice approaches for meeting needs for respiratory care and support, accurately assessing the person's capacity for independence and self-care and initiating appropriate interventions					
B8.1	observe and assess the need for intervention and respond to restlessness, agitation and breathlessness using appropriate interventions	P1 6 P2 19			
B8.2	manage the administration of oxygen using a range of routes and best practice approaches	P2 19			
B8.3	take and interpret peak flow and oximetry measurements	P2 19			
B8.4	use appropriate nasal and oral suctioning techniques	P2 20			
B8.5	manage inhalation, humidifier and nebuliser devices	Refer to OAR		P2 MM P3 MM	
B8.6	manage airway and respiratory processes and equipment	P2 19			

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures: B9 Use evidence based, best practice approaches for meeting needs for care and support with the prevention and management of infection, accurately assessing the person's capacity for independence and self-care and initiating appropriate interventions					
B9.1	observe, assess and respond rapidly to potential infection risks using best practice guidelines	P1 19 P3 17			
B9.2	use standard precautions protocols	P2 21 P3 18			
B9.3	use effective aseptic, non-touch techniques	P3 18			
B9.4	use appropriate personal protection equipment	P1 20 P3 18			
B9.5	implement isolation procedures	P2 21 P3 18			
B9.6	use evidence based hand hygiene techniques	P1 18 P3 18			
B9.7	safely decontaminate equipment and environment	P1 20 P3 18			
B9.8	safely use and dispose of waste, laundry and sharps	P1 20 P3 18			
B9.9	safely assess and manage invasive medical devices and lines	P3 18			

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures:					
B10 Use evidence based, best practice approaches for meeting needs for care and support at the end of life, accurately assessing the person's capacity for independence and self-care and initiating appropriate interventions					
B10.1	observe, and assess the need for intervention for people, families and carers, identify, assess and respond appropriately to uncontrolled symptoms and signs of distress including pain, nausea, thirst, constipation, restlessness, agitation, anxiety and depression	P1 7 P3 4		P1 EoC P2 EoC1, P2 EoC2	
B10.2	manage and monitor effectiveness of symptom relief medication, infusion pumps and other devices	P3 14			
B10.3	assess and review preferences and care priorities of the dying person and their family and carers	P2 4 P3 29			
B10.4	understand and apply organ and tissue donation protocols, advanced planning decisions, living wills and health and lasting powers of attorney for health				✓
B10.5	understand and apply DNACPR (do not attempt cardiopulmonary resuscitation) decisions and verification of expected death				✓
B10.6	provide care for the deceased person and the bereaved respecting cultural requirements and protocols	P2 4 P3 29			

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures:					
B11	Procedural competencies required for best practice, evidence based medicines administration and optimisation				
B11.1	carry out initial and continued assessments of people receiving care and their ability to self-administer their own medications			P2 MM	
B11.2	recognise the various procedural routes under which medicines can be prescribed, supplied, dispensed and administered; and the laws, policies, regulations and guidance that underpin them			P2 MM P3 MM	
B11.3	use the principles of safe remote prescribing and directions to administer medicines			P3 MM	
B11.4	undertake accurate drug calculations for a range of medications			P1 MM P2 MM P3 MM	
B11.5	undertake accurate checks, including transcription and titration, of any direction to supply or administer a medicinal product			P1 MM	
B11.6	exercise professional accountability in ensuring the safe administration of medicines to those receiving care			P1 MM P2 MM P3 MM	
B11.7	administer injections using intramuscular, subcutaneous, intradermal and intravenous routes and manage injection equipment			P2 MM P3 MM	
B11.8	administer medications using a range of routes			P1 MM P2 MM P3 MM	

Part II. Procedures for the planning, provision and management of person-centred nursing care					
NMC standards		Pan London Proficiencies	Pan London Professional Values	Episodes of Care & Medicines Management	AEI
At the point of registration, the registered nurse will be able to safely demonstrate the following procedures:					
B11	Procedural competencies required for best practice, evidence based medicines administration and optimisation				
B11.9	administer and monitor medications using vascular access devices and enteral equipment			P3 MM	
B11.10	recognise and respond to adverse or abnormal reactions to medications			P3 MM	
B11.11	undertake safe storage, transportation and disposal of medicinal products			P3 MM	